



**THE SEAMEN'S CHURCH INSTITUTE  
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## Seafarer's Vest Pattern



**Materials:** 12 oz. 4-ply machine washable yarn

**Needles:** No. 5 needles and No. 7 needles, yarn needle for seaming

**Gauge:** 5 stitches = 1" stockinette stitch, 7 rows = 1"

## **Directions:**

### **VEST FRONT:**

Using No. 5 needles, cast on 88 stitches. K2, P2 for 3 inches.

### **CHANGE TO NO. 7 NEEDLES.**

K across and P back until length from beginning measures 15 inches.

K one row.

A: K 10, P across to last 10 sts, K 10.

B: K back even.

Repeat (A & B) 4 times

### **ARMHOLE:**

1<sup>st</sup> Row: Cast off 4 sts. With one st on new needle, K5, P to last 10 sts, K 10.

2<sup>nd</sup> Row: Cast off 4 sts. K across.

With 80 sts now on needle:

A: K 6, P28, K 12, P 28, K 6.

B: K back even.

Repeat (A & B) 4 times

### **FIRST SHOULDER – V-NECK:**

K 6, P 28, K 6, turn. (Slide remaining 40 sts onto a holder).

K 6, K2tog, K to last 8 sts, K2tog, K 6.

K 6, P to last 6 sts, K 6.

Knit back even.

1: K 6, P to last 6 sts, K 6.

2: K 6, K2tog, K to last 8 sts, K2tog, K6.

3: K 6, P to last 6 sts, K 6

4: K back even.

Repeat these four rows until 24 sts remain on needle

A: K 6, P to last 6 sts, K 6

B: K 6 K2tog, K across

C: K 6, P to last 6 sts, K 6

D: K back even

Repeat these four rows once, then K 6, P 10, K 6. With 22 sts on needle, work even until armhole, from cast off to shoulder measures 10 inches. Bind off row.

## **SECOND SHOULDER:**

Starting at base of V-neck, knit corresponding shoulder.

## **BACK:**

On No. 5 needles, cast on 88 sts. K 2, P 2 for 3 inches.

## **CHANGE TO NO. 7 NEEDLES**

K across and P back until work from beginning measures 15 inches.

K one row

A: K 10, P across to last 10 sts, K 10.

B: K back even.

Repeat these two rows (A & B) four times.

## **ARMHOLE:**

1<sup>st</sup> Row: Cast off 4 sts. With one st on new needle, K 5, P to last 10 sts, K 10.

2<sup>nd</sup> Row: Cast off 4 sts. K across. With 80 sts now on needle:

A: K 6, P to last 6 sts, K 6.

B: K back even.

Repeat these two rows (A & B) four times.

## **SHOULDER:**

1: K 6, P to last 6 sts, K 6.

2: K 6, K2tog, K to last 8 sts, K2tog, K 6.

3: K 6, P to last 6 sts, K 6.

4: K back even.

Repeat these four rows until 64 sts remain on needle, then K 6, P 52, K 6.

Work even until 10 rows before bind-off. Then:

## **BORDER FOR BACK OF NECK:**

1: K 6, P 10, K 32, P 10, K 6.

2: K back even.

Repeat these two rows four times. Armhole from cast off to shoulder should measure 10 inches. Bind off row.

**FINISHING:** Join shoulder and side seams with two edges touching – not overlapping. Sew together with medium tension so seams are flexible. Weave in loose ends of yarn. Fold vest once lengthwise, then across the middle.