



**THE SEAMEN'S CHURCH INSTITUTE
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Christmas at Sea

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Seafarer's Socks Pattern



Materials: 3 oz 3ply (sport weight) yarn; set of size 2 double pointed needles, tapestry needle

Gauge: 6 ½ stitches = 1" (PLEASE CHECK YOUR GAUGE)

Stitches: SSK= Slip 2 stitches as if to knit, one at a time. Insert left needle into the fronts of the stitches from left to right and knit them together from this position.

Completed sock measurement: Leg 14", foot 11 ½"

Directions

Leg:

Cast on 56 sts with loose tension as follows:

#1 needle: 20 sts, #2 needle: 20 sts, #3 needle: 16 sts

Join for knitting in the round

K2, P2 for 3 inches

K plain until leg measures 11 inches

Heel:

Divide sts as follows:

#1 needle: 28 sts (for heel flap)

#2 needle: 14 sts, #3 needle, 14 sts

Row 1 (R side): *sl 1, K across, rep from * turn work around

Row 2 (W side): sl 1, P across

Work rows 1 & 2 (**ending with row 1**) until there are 13 sl sts at right edge (with purl side facing you). *You are ready to turn the heel!*

To Turn Heel: (Beginning on wrong side)

P16, p2tog, p1, turn

Sl 1, k5, ssk, k1, turn

Sl1, p6, p2tog, p1, turn

Sl1, k7, ssk, k1, turn

Sl1, p8, p2tog, p1, turn

Continue in this manner until there are 16 stitches left on the needle with the right side facing you.

Gusset (Instep):

Work on right side of heel tab (pick up underloop of each st)

Pick up and knit 14 sts on side of heel and place onto first needle.

K sts of 2nd and 3rd needles onto 2nd needle.

Pick up and knit 14 stitches on other side of heel tab and place onto 3rd needle and K8 from 1st needle onto 3rd needle.

Place remaining 8 stitches onto 3rd needle.

Round 1: K around

Round 2: 1st needle: K to within 3 stitches of end. K2tog, K1; 2nd needle: K across, 3rd needle: K1, ssk, k to end

Repeat these two rounds until you have:

#1 needle: 14 stitches, #2needle: 28 stitches, #3 needle: 14 stitches.

Foot:

Knit around until sock measures 9 ½” from back of heel to stitches on needle. Allow 2” for toe. Foot should measure 11 ½”

Toe:

Round 1:

1st needle- K to last 3 stitches, k2tog, k1

2nd needle- K1, ssk, k to last 3 stitches, k2tog, k1

3rd needle- K1, ssk, k to end.

Round 2:

Knit around

Repeat these 2 rounds until 20 stitches remain. K the last 5 stitches of 1st needle onto 3rd needle

Graft toe together using Kitchener Stitch:

With 10 stitches on each needle, break yarn leaving 12” and thread onto tapestry needle. Hold sock so that both needles are even and parallel and with free yarn extending from right hand end of back needle. While working always keep yarn under knitting needles. Weave sts. From front and back needles together as follows:

*pass yarn needle through 1st st on front needle as if to knit, slip st off needle. Pass yarn through 2nd st. on same needle as if to purl (leave st on needle). Pass yarn through 1st st on back needle as if to purl, slip st off needle. Pass yarn through 2nd st on back needle as if to knit (leave st on needle). Repeat from * until all sts are off needles. Fasten securely.