



THE SEAMEN'S CHURCH INSTITUTE

Christmas at Sea

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Nola's Knitted Slippers

Materials: 7 oz worsted weight yarn (approx 500 yards)
Circular needles, size 9 (or size needed to achieve gauge)

Gauge: 3 stitches to the inch, in garter stitch with yarn held doubled

Size: Men's size, medium

Tip: It is much easier to work with yarn doubled if you first wind the two balls of yarn together into one large ball.

Tip: Use a removable marker or safety pin to mark the right side of the fabric.

Tip: This pattern is worked flat on circular needles. The circular needles make it easier to pick up stitches.



Directions (Worked Flat):

CUFF:

Cast on 39 stitches.

Row 1 (RS): *K1, P1. Repeat from * to last st., K1.

Row 2 (WS): *P1, K1. Repeat from * to last st. P1.

Continue in rib pattern for 6.25 inches. (approx. 28 rows)

TONGUE (worked on center 13 stitches, leave remaining stitches on needles):

Row 1: (RS) With right side facing you K 26 sts, turn.

Row 2: (WS) K 13, turn.

Row 3 (RS) K13 turn

Continue in this manner until you have 17 ridges (you will have completed 34 rows).

SHAPE TOE:

Row 1: With right side facing you, K2tog, k 9, K2tog

Row 2: (WS) K all st.

Row 3: (RS) K2tog, k 7, K2tog

Row 4: (WS) K all st,

Row 5: (RS) K2tog, K5, K2tog. **Do not turn work.**

FOOT:

Row 1 (RS): Pick up and knit 19 stitches along the left side of the tongue, K 13 stitches from the cuff.

Row 2 (WS): K all st (39) pick up 19 st on the right side of the tongue, K 13 stitches from the cuff. (71 stitches total)

All rows: K all stitches until you have 5 ridges (10 rows)

SOLE:

Row 1: (RS) K2tog, K28, K2tog,, K3, K2tog, K3, K2tog, K27, K2tog.

Row 2: (WS) K all sts. (66)

Row 3: (RS) K2tog, K 26, K2tog, K2, K2tog, K2, K2tog, K26, K2tog.

Row 4: (WS) K all sts. (61)

Row 5: (RS) K2tog K 24, K2tog, K1, K2tog, K1, K2tog, K25, K2tog.

Row 6: (WS) K all sts. (56)

Row 7: (RS) K2tog, K22, K2tog, K2tog, K24, K2tog.

Row 8: (WS) K all sts. (51)

There are now 9 ridges on foot & sole.

With RS facing, K 26.

Cut yarn, leaving 24" to seam.

Sew the foot , heel and cuff. Weave in ends.

Make another one!