



**THE SEAMEN'S CHURCH INSTITUTE
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Knit Helmet



Materials: 4 oz. 4 ply worsted yarn;
16" circular knitting needles, size 8,
double pointed needles, size 8

Directions:

Cast on 88 stitches

Row 1 K2, P2 and continue across
Work in pattern until piece measures 7 inches.

Next row Work 27 stitches in pattern; bind off the next 34 stitches in pattern and complete the row. On the following row, work 27 stitches in pattern, cast on 34 stitches with a backwards loop cast on and complete the row in pattern.

Continue working in pattern until the piece measures 12 inches from the beginning.

Crown Shaping

Decrease Round *K2, P2 tog. Repeat from * (66 stitches)

Work in pattern as established for 9 rows.

Decrease Round *K1, P2tog. Repeat from * (44 stitches)

Work in pattern as established for 3 rows.

Decrease Round *K2tog and repeat from * (22 stitches)

Break off, leaving about 20 inches of yarn. Thread into a needle and draw through the remaining stitches. Pull up tightly and fasten securely.